

# THE HEIGHTS AT MT. VIEW [SAMPLE]

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



**THE HEIGHTS**  
AT MT. VIEW

A BAPTIST HOUSING COMMUNITY

**3**

8:00 Meal Support  
10:00 Walks  
10:30 Spring Craft  
12:00 Meal Support  
2:00 Inspiration Hour

**10**

8:00 Meal Support  
10:00 Walks  
12:00 Meal Support

**17**

8:00 Meal Support  
10:00 Walks  
10:30 The Legend of the Leprechan  
12:00 Meal Support

**24**

8:00 Meal Support  
10:00 Walks  
10:30 One on One Visits  
12:00 Meal Support  
1:30 Sunday Fellowship  
2:00 Inspiration Hour

**4**

8:00 Meal Support  
10:00 Walks  
10:30 Word Games & Riddles  
11:00 Chair Exercises  
12:00 Meal Support  
2:00 Scrapbooking

**11**

8:00 Meal Support  
10:00 Walks  
10:30 Chair Yoga  
12:00 Meal Support  
2:00 Postcard Project

**18**

8:00 Meal Support  
10:00 Walks  
10:30 Bocce Ball  
12:00 Meal Support  
1:30 Scenic Drive: Bus Outing

**25**

8:00 Meal Support  
10:00 Walks  
10:30 Stretch & Move  
12:00 Meal Support  
Planning for April  
2:45 One on One Visits

**5**

8:00 Meal Support  
10:00 Walks  
10:30 Table Top Games/Cards  
12:00 Meal Support  
2:00 Bowling

**12**

8:00 Meal Support  
10:00 Walks  
10:15 Baking Green Muffins  
12:00 Meal Support  
2:00 Irish Songs & Limericks

**19**

8:00 Meal Support  
10:00 Walks  
10:30 Welcome Spring  
12:00 Meal Support  
2:00 Documentary: Taj Mahal

**26**

8:00 Meal Support  
10:00 Walks  
12:00 Meal Support  
1:30 Scenic Drive: Bus Outing

**6**

8:00 Meal Support  
10:00 Walks  
10:30 Spiritual Care (TH)  
12:00 Meal Support  
1:45 Victoria Flower Count

**13**

8:00 Meal Support  
10:00 Walks  
10:30 Spiritual Care (TH)  
12:00 Meal Support  
2:30 Travel log, Ireland

**20**

8:00 Meal Support  
10:00 Walks  
10:30 Spiritual Care (TH)  
12:00 Meal Support  
2:00 Easter Egg exchange game

**27**

8:00 Meal Support  
10:00 Walks  
10:30 Spiritual Care (TH)  
12:00 Meal Support

**7**

8:00 Meal Support  
10:00 Walks  
12:00 Meal Support  
1:45 Music with Steve (TH)

**14**

8:00 Meal Support  
10:00 Walks  
10:30 Morning riddle  
12:00 Meal Support  
2:00 Birthday Tea

**21**

8:00 Meal Support  
10:00 Walks  
10:30 Morning Brainteasers  
12:00 Meal Support  
2:00 The Easter Story

**28**

8:00 Meal Support  
10:00 Walks  
10:30 Morning Stretch  
11:00 Easter word game  
12:00 Meal Support  
2:00 Java Music sing along

**1**

8:00 Meal Support  
10:00 Walks  
10:30 Morning Stretch  
11:00 Brain Games  
12:00 Meal Support  
1:30 Movie Matinee

**8**

8:00 Meal Support  
10:00 Walks  
12:00 Meal Support

**15**

8:00 Meal Support  
10:00 Walks  
10:30 Morning Stretch  
11:00 Easter Word Scramble  
12:00 Meal Support  
2:00 Irish Dancers (TH)

**22**

**29**

8:00 Meal Support  
10:00 Walks  
10:30 Good News Hour  
12:00 Meal Support  
1:45 Music with Grant (TH)

**2**

8:00 Meal Support  
10:00 Walks  
10:30 Horse Race game  
12:00 Meal Support  
2:00 Bingo

**9**

8:00 Meal Support  
10:00 Walks  
12:00 Meal Support

**16**

8:00 Meal Support  
10:00 Walks  
10:30 Famous Irish people  
12:00 Meal Support  
2:00 Bingo

**23**

8:00 Meal Support  
10:00 Walks Planning  
12:00 Meal Support  
2:00 Bingo

**30**

8:00 Meal Support  
10:00 Walks  
10:30 Twister Bean Toss  
12:00 Meal Support  
2:00 Bingo