





# July 2018 Marrion Village & Elgin Gardens



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1 CANADA DAY</b> 11:00 DECORATE WALKER OR WHEELCHAIR FOR BLOCK PARADE—6 1:00 BLOCK PARADE WALK (MEET IN MV COURTYARD) 1:15-3:00 PARTY IN MV CY W/ THE SHENANIGANS	<b>2 CANADA DAY STAT</b> 11:00 MENTAL AEROBICS—6 6:30 BINGO AT SHANNON OAKS—OAK ROOM	<b>3</b> 10:30 BIBLE STUDY—6 1:30 CRUISING THE CARRIBEAN WITH KEITH - LOUNGE 6 6:30 ALONON GROUP—7	<b>4</b> 10:15 SIT & BE FIT—6 11:00 WALK IN THE NEIGHBOURHOOD—CY 2:00 WALKER & WHEEL CHAIR WASHING IN CY	<b>5</b> 10:30 ELGIN BIBLE STUDY 10:30 <u>BUS OUTING—BRING YOUR OWN LUNCH—PICNIC AT SASKATOON BERRY FARM</u>	<b>6</b> 10:15 SIT & BE FIT - 6 11:00 BLOCK WALK—CY 12:00 U BBQ FRIDAY—CY 1:30 SKETCHING & PAINTING WITH VICKY —6	<b>7</b> 2:00 KNITTING GROUP & CRAFTING BEE - 6
<b>8</b> 	<b>9</b> 10:15 SIT & BE FIT—6 11:00 MENTAL AEROBICS—6 1:15 <u>BUS OUTING HILLSIDE MALL SHOPPING</u> 6:30 BINGO AT SOO-OAK RM	<b>10</b> 10:30 BIBLE STUDY—6 2:00 CARE RX HEALTH “CHOLESTEROL & FITNESS” PRESENT. -6 2:00 VISIT IN THE GARDEN AT ELGIN GARDENS 3:30 KNITTING GROUP—6 6:30 ALONON GROUP—7	<b>11</b> 10:15 SIT & BE FIT—6 1:15 <u>BUS OUTING BEACON HILL PARK</u>	<b>12</b> 10:30 ELGIN BIBLE STUDY 1:30 MUSIC DVD  PRESENTED BY BRYAN ON THE BIG SCREEN—6 4:30 <u>BUS OUTING—SIDNEY NIGHT MARKET</u>	<b>13</b> 10:15 SIT & BE FIT - 6 11:00 BLOCK WALK—CY 12:00 U BBQ FRIDAY—CY 1:30 SKETCHING & PAINTING WITH VICKY —6	<b>14</b> 10:30 <u>BUS OUTING—LANGFORD FARMER’S MARKET</u> 2:00 KNITTING GROUP & CRAFTING BEE - 6
<b>15</b> 	<b>16</b> 10:15 SIT & BE FIT—6 11:00 MENTAL AEROBICS—6 1:15 <u>BUS OUTING - DRIVE TO METCHOSIN/ICE CREAM</u> 6:30 BINGO AT SOO-OAK RM	<b>17</b> 10:15 THEO & JIM VISIT —5 10:30 BIBLE STUDY—6 12:30 A.L. RESIDENT MTG 1:30-3:00 NEX GEN HEARING CLINIC—7 3:30 KNITTING GROUP—6 6:30 ALONON GROUP—7	<b>18</b> 9:30 GUYS TRIP OUT 10:00 SCOOTER TUNEUPS 10:15 SIT & BE FIT - 6 10:30 WALKER TUNEUPS -6 1:30 STORY TELLING WITH LEE & FRIENDS—6	<b>19</b> 10:30 ELGIN BIBLE STUDY 1:15 <u>BUS OUTING GYRO BEACH VISIT</u> 7:00 CONCERT IN CARE AT SHANNON OAKS	<b>20</b> 10:15 SIT & BE FIT - 6 11:00 BLOCK WALK—CY 12:00 U BBQ FRIDAY—CY 1:30 SKETCHING & PAINTING WITH VICKY —6	<b>21</b> 10:30 SMOOTHIES & HEALTHY EATING—6 2:00 KNITTING GROUP & CRAFTING BEE - 6
<b>22</b> 1:00-4:00 TECHNOLOGY HELP WITH CAMERON—7 7:00 EVENING CHAPEL AND WORSHIP—SOO	<b>23</b> 10:15 SIT & BE FIT—6 11:00 MENTAL AEROBICS—6 1:00-4:00 BLOOD PRESSURE CLINIC—6 6:30 BINGO AT SOO-OAK RM	<b>24</b> 10:30 BIBLE STUDY—6 2:00 AUGUST CALENDAR REVIEW—6 3:30 KNITTING GROUP—6 6:30 ALONON GROUP—7	<b>25</b> 10:15 SIT & BE FIT -6 2:00 BIRTHDAY TEA  WITH MARK DAVIES IN CONCERT—6	<b>26</b> 10:30 ELGIN BIBLE STUDY 10:30 <u>BUS OUTING—PICNIC AT SAXE PT. PARK</u>	<b>27</b> 10:15 SIT & BE FIT - 6 11:00 BLOCK WALK—CY 12:00 U BBQ FRIDAY—CY 1:30 SKETCHING & PAINTING WITH VICKY —6	<b>28</b> 10:30 GROUP NEIGHBOURHOOD WALK MEET IN THE CY 2:00 KNITTING GROUP & CRAFTING BEE - 6
<b>29</b> 1:00-4:00 TECHNOLOGY HELP WITH CAMERON—7	<b>30</b> 10:15 SIT & BE FIT—6 11:00 MENTAL AEROBICS—6 1:15 <u>BUS OUTING SHOPPING AT UPTOWN</u> 6:30 BINGO AT SOO-OAK RM	<b>31</b> 10:30 BIBLE STUDY—6 1:30-3:00 MV ANTIQUES ROAD SHOW—6 6:30 ALONON GROUP—7	<b>PROGRAM LOCATIONS</b> 5—Lounge 5 at 1950 6—Lounge 6 at 1968 7—Lounge 7 at 1976 CY—Courtyard	<b>Assisted Living Office:</b> 250-592-2593  <b>Chaplain:</b> 250-592-5335	<b>Main Office Hours:</b> Mon, Tues, Thurs, Fri 9am-12:00 pm <b>Main Office:</b> 250-592-2231 Ext. 1	<b>Elgin Gardens Office Hours Tues.</b> 1-3pm <b>Activities Office</b> MV & Elgin Gardens: