



June 2018

Calendar
subject to change
without notice

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Shannon Oaks Office: 595-6257 Activities: 519-4437 Hairdresser: 519-4438 Bus: 893-0048 Foot Care: 250-858-7729</p>		<p>PLEASE NOTE</p> <ol style="list-style-type: none"> 1) Events in <i>Italics</i>/Bus Trips 2) *Denotes an event @ M/V 3) Activity events are Bold 4) All other events are Resident run 	<p>NOTE Walking Group meets daily at the Bee Street doors at 1:30pm</p>		<p>1 Blue Jean Friday</p> <p>10:00 Fitness with Alexis 10:45 Crafting for Missions 1:30 Leisure Walk at Willow's Beach 2:45 Penny 4 Your Thoughts 6:45 Progressive Bridge</p>	<p>2 Oak Bay Parade</p> <p>10:00 Video Fitness 10:00 Knit Wits 3:30 Communion Service 6:45 Card Games 7:00 Movie Night "My Old Lady"</p>
<p>3</p> <p>1:30 Wizard Card Games 2:30 Cribbage Games 7:00 Scrabble</p>	<p>4</p> <p>10:00 Stretch & Strength 10:45 Prayer Gathering 2:00 Painting Classes With Jean Maddison 6:30 Bingo Night at SOO</p>	<p>5</p> <p>9:45 Chair Yoga 10:45 Exploring the Bible 11:00 Annual Mini Vacation "Pender Island" 2:00 *CareRX Presentation 6:30 Cards/Canasta</p>	<p>6</p> <p>9:30 Private Group MPR 10:00 Sit & Get Fit 2:30 Cruising the Caribbean w/Keith 6:30 Cribbage Games 7:00 Music on Screen/Bryan</p>	<p>7</p> <p>10:00 Video Fitness 10:00 Annual Kitchen Tour 2:30 Ice Cream Social 2:30 Story Tellers Lee /Jen 6:15 Mahjong Training 6:30 Cards/Canasta 6:45 Music-Mary Belle Lapp</p>	<p>8 Blue Jean Friday</p> <p>10:00 Fitness w/Alexis 10:45 Crafting for Missions 2:45 Penny 4 Your Thoughts 3:30 Island Travelers Return 6:45 Progressive Bridge</p>	<p>9</p> <p>10:00 Video Fitness 10:00 Knit Wits 6:45 Card Games 7:00 Movie Night "Safe Haven"</p>
<p>10</p> <p>1:30 Wizard Card Games 2:30 Cribbage Games 7:00 Scrabble 7:00 Evening Chapel Service</p>	<p>11</p> <p>10:00 Stretch/Strength 10:45 Prayer Gathering 2:00 Painting Classes With Jean Maddison 6:30 Bingo Night at SOO</p>	<p>12</p> <p>9:45 Chair Yoga 10:45 Exploring the Bible 1:30 Oak Bay Village 2:00 *Victoria Brass Band 6:30 Cards/Canasta 6:45 Renowned Author Book Reading & Signing</p>	<p>13</p> <p>10:00 Sit & Get Fit 10:00 Scooter Clinic with Canada Scooters 2:30 Birthday Tea with Ron Sera on Accordion 6:30 Cribbage Games 7:00 Music on Screen/Bryan</p>	<p>14</p> <p>10:00 Gentle Fitness 10:30 Gym Assistance 10:30 Butchart Gardens 2:30 'Bladder Health' Awareness Presentation 4:45 Ladies Dining Out 6:15 Mahjong Training 6:30 Cards/Canasta</p>	<p>15 Blue Jean Friday</p> <p>10:00 Fitness with Alexis 10:45 Crafting for Missions 12:00 *Father's Day BBQ In M/V Courtyard 1:30 Goward House Singers 2:45 Penny 4 Your Thoughts 6:45 Progressive Bridge</p>	<p>16</p> <p>10:00 Video Fitness 10:00 Knit Wits 2:30 Story Telling with Lee 6:45 Card Games 7:00 Movie Night "McLintock"</p>
<p>17</p> <p>Father's Day Annual Father's Day Dinner 1:30 Wizard Card Games 2:30 Cribbage Games 5:00 Dinner Music with Canadian Suite Duo 7:00 Scrabble</p>	<p>18</p> <p>10:00 Stretch & Strength 10:45 Prayer Gathering 2:00 CareRX Presentation "Vitamin D/Sun & Skin" 2:00 Painting Classes With Jean Maddison 6:30 Bingo Night at SOO</p>	<p>19</p> <p>9:45 Chair Yoga 10:45 Exploring the Bible 1:30 Shopping at Mayfair Mall 2:30 Reel Group Meet 6:30 Cards/Canasta 6:30 Youth Orchestra from San Francisco @UVIC</p>	<p>20</p> <p>10:00 Sit & Get Fit 10:30 A GTO Event Duncan Forest Museum 2:00 "Get My Kit" Workshop Emergency Preparedness 6:30 Cribbage Games 7:00 Music on Screen/Bryan</p>	<p>21</p> <p>10:00 Gentle Fitness 10:30 Gym Assistance 2:00 Specialty Beverages & Mini Golf in the Courtyard 4:30 Seasonal Sidney Night Market 6:15 Mahjong Training 6:30 Cards/Canasta</p>	<p>22 Blue Jean Friday</p> <p>10:00 Fitness with Alexis 10:45 Crafting for Missions 12:00 *U-BBQ/Courtyard 11:45 Tour GVWS Area 2:45 Penny for 4 Thoughts 6:45 Progressive Bridge</p>	<p>23</p> <p>10:00 Video Fitness 10:00 Knit Wits 2:00 Esquimalt Indigenous Dance in M/V Courtyard 6:45 Card Games 7:00 Movie Night "The Post"</p>
<p>24</p> <p>1:30 Wizard Card Games 2:30 Cribbage Games 7:00 Scrabble</p>	<p>25</p> <p>10:00 Stretch & Strength 10:45 Prayer Gathering 2:00 Painting Classes With Jean Maddison 3:15 Darlaine's Sing A Long 6:30 Bingo Night at SOO</p>	<p>26</p> <p>9:45 Chair Yoga 10:45 Exploring the Bible 1:30 Shopping Hillside Mall 2:00 Free Hearing Clinic 6:30 Cards/Canasta 6:45 Bob LeBlanc Concert Main Lounge</p>	<p>27</p> <p>10:00 Sit & Get Fit 11:30 Picnic at Sidney "Tulista Park" 2:00 Blood Pressure Clinic 6:30 Cribbage Games 7:00 Music on Screen/Bryan</p>	<p>28</p> <p>10:00 Gentle Fitness 10:30 Gym Assistance 1:30 Calendar Preview & Early Bus Sign Ups 2:45 Walk to DQ 4 Treats 6:15 Mahjong Training 6:30 Cards/Canasta</p>	<p>29 Blue Jean Friday</p> <p>10:00 Fitness w/Alexis 10:45 Crafting for Missions 12:00 *U-BBQ/Courtyard 1:00 Off to the Red Barn Mkt 2:35 Adventure Lecture "Northern Italy" 6:45 Progressive Bridge</p>	<p>30</p> <p>10:00 Video Fitness 10:00 Knit Wits 6:45 Card Games 7:00 Movie Night "Austen Land"</p>